



# Emergency Preparedness and Response

Emergency systems often spring into existence when disaster strikes and not a moment sooner. Prepare your community by doing emergency planning work when the sun is shining. Equipping your neighborhood, town, and region to be ready in emergencies also builds baseline resilience.

## 1.1 Emergency preparedness kits

Folder with resources and templates: [1.1 Emergency preparedness kits](#)

Systems	Stuff
<b>Household emergency supplies</b>	
<p>Households can prepare <a href="#">emergency plans</a> and <a href="#">emergency kits</a>, as well as <a href="#">storing backup food</a> and water supplies.</p> <p>Food and water will need to be refreshed on a regular basis</p>	<p><u>Emergency Kit</u>: keep this in your home</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Several days of water and non-perishable food, can opener</li> <li><input type="checkbox"/> Extra cell phone battery or charger</li> <li><input type="checkbox"/> Battery-powered or hand crank radio with NOAA weather tone alerts</li> <li><input type="checkbox"/> Flashlight and extra batteries</li> <li><input type="checkbox"/> First aid kit</li> <li><input type="checkbox"/> Whistle to signal for help</li> <li><input type="checkbox"/> Dust mask, to help filter contaminated air and plastic</li> <li><input type="checkbox"/> Sheeting and duct tape to shelter-in-place</li> <li><input type="checkbox"/> Personal sanitation supplies (incl. moist towelettes, garbage bags and plastic ties)</li> <li><input type="checkbox"/> Non-sparking wrench or pliers to turn off utilities</li> <li><input type="checkbox"/> Local paper maps</li> </ul>
<b>Individual emergency supplies</b>	
<p>Individuals in a household can prepare '<a href="#">go bags</a>,' which are easy to grab in case you need to leave quickly.</p>	<p><u>Go Bag</u>: Choose a sturdy and easy to carry bag.</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Medications</li> <li><input type="checkbox"/> 3 days of non-perishable food and cutlery</li> <li><input type="checkbox"/> Important documents (ID, insurance, copy of lease/deed, car registration)</li> <li><input type="checkbox"/> First aid kit</li> <li><input type="checkbox"/> Backup chargers and batteries</li> <li><input type="checkbox"/> Battery-powered/hand crank flashlight and radio</li> <li><input type="checkbox"/> Personal health items (toothbrush, glasses, cane, menstrual products)</li> <li><input type="checkbox"/> Physical map of area with exit routes marked</li> <li><input type="checkbox"/> Physical list of emergency contacts and addresses</li> <li><input type="checkbox"/> High quality respirator masks</li> <li><input type="checkbox"/> Cash in small bills</li> <li><input type="checkbox"/> Permanent marker</li> <li><input type="checkbox"/> Water bottles</li> <li><input type="checkbox"/> Space blanket</li> </ul>

